

1993

MTRB

APPLE VALLEY

EAGAN

EASTVIEW

ROSEMOUNT

Supporting positive development of student athletes through the sport of cycling.

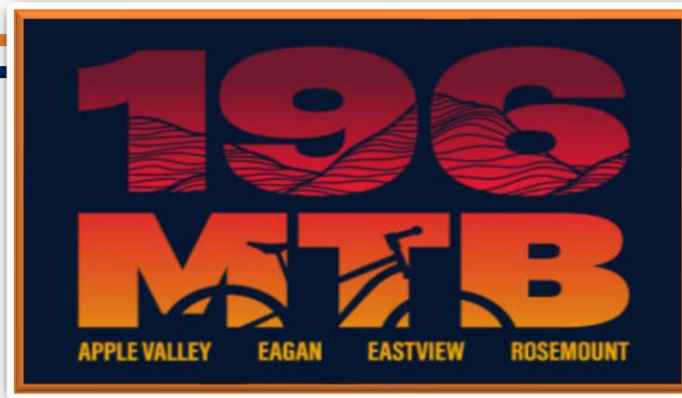
AGENDA



- **WELCOME**
- **196 MTB Team
& MN Cycling Association**
- **2024 MTB Season**
- **Hear from the Parents**
- **Volunteer Opportunities**
- **Future Events**

196 MTB TEAM





ABOUT US



A Composite Team

- Comprised of (4) Teams that practice together & share resources.
 - Apple Valley, Eagan, Eastview & Rosemount
- Official Club Team
- Athletes can Letter
- Governed by Minnesota Cycling Association



Strong Mind, Body, Character, Equality & Inclusivity





Minnesota Cycling Association at a Glance



2,600+ students



1,300+ coaches



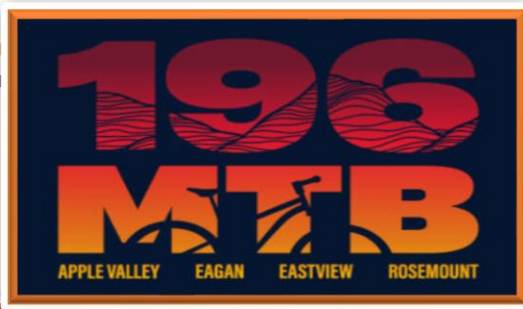
80+ teams



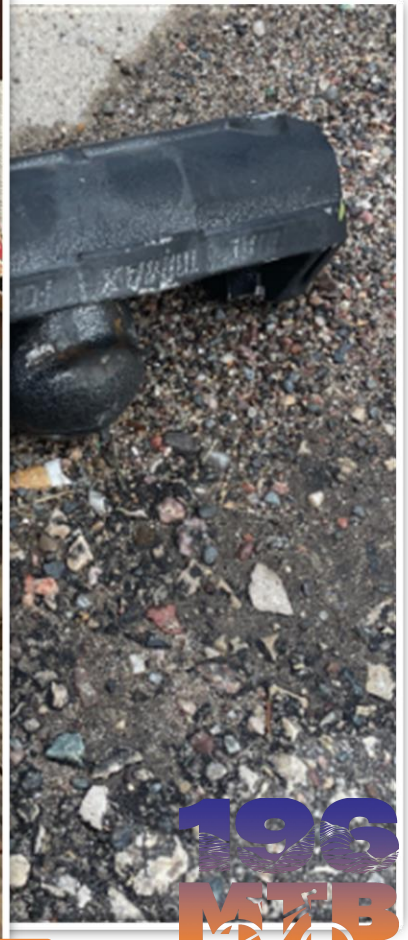
125+ schools

196 MTB is one of the original 16 Teams

New in 2024...196 MTB is a recognized 501©(3) Non-Profit

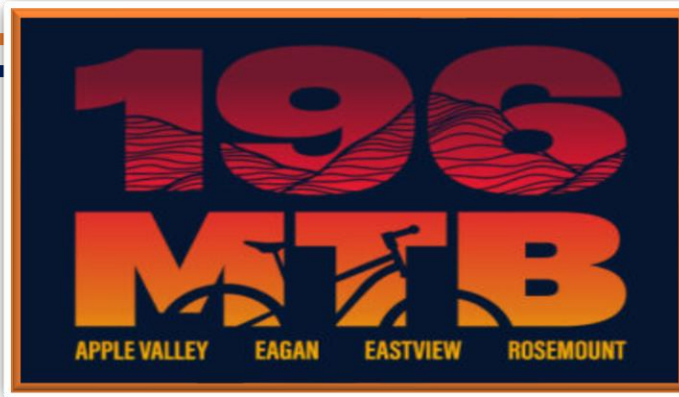


501©(3) Journey



Began with a stolen trailer...





Benefits of our 501©(3) Status

- Independent organization focused on development of youth cycling
- Self-supported organization led by its membership
- Increased Community Engagement & Fundraising Opportunities
- Governed by 196 MTB Board of Directors (Team Bylaws & Handbook)
- Tax Exempt
- Donors receive applicable tax deduction(s) for supporting team

Organizing was the 1st step.....the journey continues with organizing committees & sub-committees – You'll hear more on this topic from *Marika*

Supporting positive development of student athletes through the sport of cycling.

Department of the Treasury
Internal Revenue Service
Tax Exempt and Government Entities
P.O. Box 2508
Cincinnati, OH 45201

Date: 02/08/2024
Employer ID number: 98-0969739
Person to contact: Name: Customer Service
ID number: 31964
Telephone: (877) 829-5500
Accounting period ending: December 31
Public charity status: 509(a)(2)
Form 990 / 990-EZ / 990-N required: Yes
Effective date of exemption: January 18, 2024
Contribution deductibility: Yes
Addendum applies: No
DLN: 28053436003284

196 MTB

Dear Applicant:

We're pleased to tell you we determined you're exempt from federal income tax under Internal Revenue Code (IRC) Section 501(c)(3). Donors can deduct contributions they make to you under IRC Section 170. You're also qualified to receive tax deductible bequests, devises, transfers or gifts under Section 2055, 2106, or 2522. This letter could help resolve questions on your exempt status. Please keep it for your records.

Organizations exempt under IRC Section 501(c)(3) are further classified as either public charities or private foundations. We determined you're a public charity under the IRC Section listed at the top of this letter.

If we indicated at the top of this letter that you're required to file Form 990/990-EZ/990-N, our records show you're required to file an annual information return (Form 990 or Form 990-EZ) or electronic notice (Form 990-N, the e-Postcard). If you don't file a required return or notice for three consecutive years, your exempt status will be automatically revoked.

If we indicated at the top of this letter that an addendum applies, the enclosed addendum is an integral part of this letter.

For important information about your responsibilities as a tax-exempt organization, go to www.irs.gov/charities. Enter "4221-PC" in the search bar to view Publication 4221-PC, Compliance Guide for 501(c)(3) Public Charities, which describes your recordkeeping, reporting, and disclosure requirements.

Sincerely,
Stephen A. Martin
Stephen A. Martin
Director, Exempt Organizations
Rulings and Agreements

Letter 947 (Rev. 2-2020)
Catalog Number 35152P



2024 Founding Board

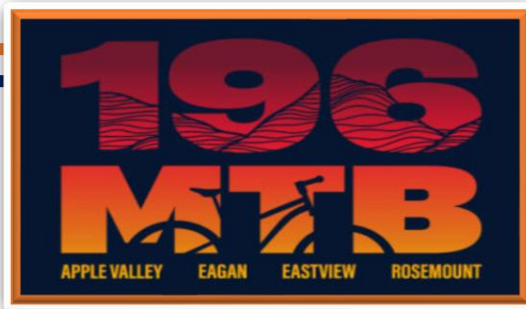


- **President**
 - Darin Thureen
- **Vice President**
 - Phil Nelson
- **Secretary**
 - Joe Corcoran
- **Treasurer**
 - Josh Schettle
- **Director at Large**
 - Alesia Smith

President & Vice President:

Terms begin July of calendar year, one year term, 2025 nominations submit to the Secretary

Learn more about the team bylaws found here: <https://196mtb.org/documentation>



THANK YOU

- Aaron Stotko
- Alesia Smith
- Ben Siekert
- Emilie Berglund
- Emily Strong
- Jack Smith
- Joe Corcoran
- Josh Schettle
- Kim Lyon
- Ken Barringer
- Marika Dwyer
- Matt Bischel
- Phil Nelson
- Reid Bartels
- Darin Thureen



COACHES



Coach Phil



Coach Darin



Coach Reid



Coach Ken



Coach Matt

THANK YOU

Coach
KIM



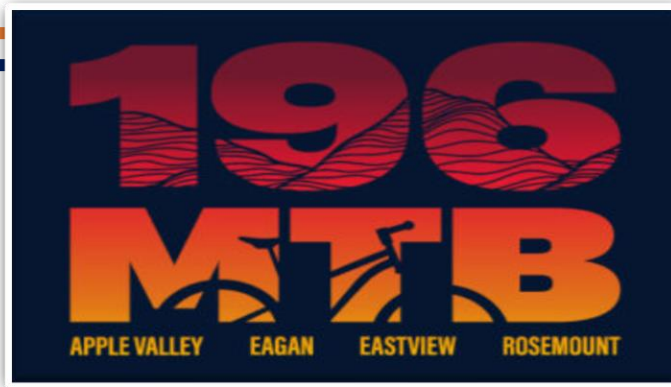
Welcome



Joining the
2024
Coaching Team



Coach
Alesia Smith



TEAM GOALS

- **Supporting positive development of student athletes through the sport of cycling.**
- A safe and positive environment that **supports biking as a lifelong sport.**
- **Compete as individuals and teams to our utmost ability while maintaining strong sportsmanship.**

HAVE FUN!!!



196 MTB

By the Numbers

2023

135 ACTIVE Participants on the team – Riders, Ride Leaders & Volunteers

- **85** student athletes riding on the team
 - 42 Middle School
 - 43 High School
 - 38 Ride Leaders
- **RIDERSHIP**
 - **Student Riders: UP 17% & Ride Leaders: UP 25%**
 - **60% New** to the team
 - 30+ Practices, 2-time trials, 5 pre-rides, 5 races & 11 MTB locations.
 - Approximately 250+ miles riding together!
 - **82% of our riders raced** with some impressive results!
 - **Focus is on having a fun & positive experience that supports biking as a lifelong sport!**
- **COACHES**
 - 4th year w. designated, focused coaching staff for the HS & MS teams
 - **4** – MCA Level Two Certified
 - **11** – MCA Level Three Certified



SEASON

Fall: July 9 – October 20

Practices: Tuesday & Thursday 5:45 – 7:45 p.m.

Lebanon Hills, Murphy, Lake Marion, Buck Hill, Whitetail Woods, etc

- **High School & Middle School focused practices**
- **Saturday Fun rides and Race Pre-rides**
-> Led by assistant coaches and ride leaders

2024 Pilot

Optional Race / Performance Practices on Monday's (Times & Dates TBD)

- Riders looking to improve their conditioning are welcome.
- Riders who are looking to race are highly encouraged to attend.
- *#'s dependent on Coach & Ride Leader availabilities & ratios
- Hard work, getting out of your comfort zone and setting goals are encouraged!
 - **Coaches want your student to have FUN!**

Typical Practice

Tuesday & Thursday 5:45-7:45 p.m.
Times will vary as season progresses

Where to show up: Check calendar in TeamSnap

Cancelations: Rain, Air Quality & Heat Index - TeamSnap

Arrive Early

Get your bike set up (ABC quick check, air, brakes, crank and quick releases)

- Check in with designated volunteer (5 mins prior to start time)
- Wheels in: announcements and practices notes.
- Active stretching and warm-ups
- Skill development activity
- Trail Ride – in pods of 6:1 or 8:2
- Riders go out in groups with an adult ride leader “sweeping”

End of Practice

- Wheels in again, share the “*What Went Well*” (3W’s) & “*What’s Worth Improving*”
Final announcements/next practice or race.

MCA Racing Series

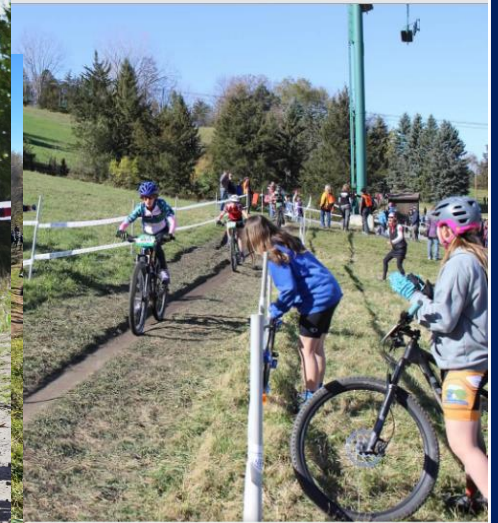


- Established in 2012
- Multi-race series for students across Minnesota (we'll be at 5 races)
- **Optional.** Not everyone races.
- Offers students of all ability levels opportunity to race a bike and have fun!
- Teams from all over MN come together to compete, cheer on friends, and make life-long memories.
- All teams are co-ed.
- There are no try-outs.
- Nobody is ever 'cut'. Nobody 'rides the bench.'



Typical Race Day

- Good nutrition and rest the night before.
- Course review & warm-ups with coaches ~45 minutes before race starts.
- “Gate” starts and race distances based on grade / ability.
- 5... 4... 3... 2... 1... GO!!!
- The louder you cheer, the faster they go!



2023 State of Minnesota Rankings



WANT TO RACE?

You'll be in good company!



If Racing is your thing...
We've got you covered

Middle School

- **6th Grade**
 - Jack Smith IV: 2nd
 - State Runner-Up
 - Ian Graham: 14th
 - Wilson Gartner: 23rd
 - Kinsley Oberding:
 - Season Points & State Champion!!!
- **7th Grade**
 - Ethan Keller: 16th
- **8th Grade**
 - Jackson Schettle: 16th
 - Caleb Lyon: 18th
 - Sam Allan: 22nd

High School

- **Freshmen**
 - Margo Bremer: 5th
 - Cole Hunter: 10th
- **JV2**
 - Alex Novak: 21st
- **JV3**
 - Isaac Povolny: 5th
 - Miles Bremer: 15th
 - Coda Nguyen: 25th
- **Varsity**
 - Megan Witt: 19th



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2024 Races

FINALIZED

1. Lake Rebecca, September 7 & 8
2. Gamehaven, September 21 & 22
3. Whitetail Ridge, September 28 & 29
4. Pine Valley, October 5 & 6
5. State Championship - Redhead - October 12 & 13



2024 RACE SERIES

RACE WEEKEND #1	RACE WEEKEND #2	RACE WEEKEND #3
August 24 & 25 Brophy Park Alexandria, MN	September 7 & 8 Lake Rebecca Rockford, MN	September 14 & 15 Jail Trail St. Cloud, MN
RACE WEEKEND #4	RACE WEEKEND #5	RACE WEEKEND #6
September 21 & 22 The Trailhead at Theodore Wirth Park Minneapolis, MN	September 28 & 29 Whitetail Ridge River Falls, WI	October 5 & 6 Pine Valley Cloquet, MN
Gamehaven Rochester, MN <i>*concurrent races</i>	AND Mount Kato Mankato, MN <i>*concurrent races</i>	
	RACE WEEKEND #7	
	October 12 & 13 STATE CHAMPIONSHIP Redhead Chisholm, MN	



Hear from the Parents

Communication



All team activities, calendar, and communication will be coordinated via the TeamSnap app

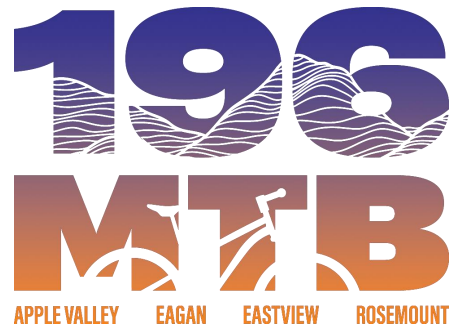
- Invite to join team in TeamSnap will be sent following registration (this is a manual process, so will not be instantaneous)
- The primary e-mail address included in your registration will be where invite will be sent and that added profile will be based on.
 - You can add additional e-mail addresses within your profile in TeamSnap.
- Install the TeamSnap app, TODAY!

Ride leader and non-riding volunteer assignments will be coordinated via TeamSnap

- Ride Leader registration: <https://go.teamsnap.com/forms/366211>
- Non-Riding Volunteer registration: <https://go.teamsnap.com/forms/368002>



APPLE VALLEY CAGWIN EASTVIEW ROSEMOUNT



Registration

TWO STEP Process

1. Register through Team Snap
2. Register with MCA

- To be considered registered with 196 MTB, both steps must be completed.
- *Student registration #'s dependent on # of Ride Leaders & Parent Volunteers.

Registration link
and instructions available at:

www.196mtb.org



MAY 1st
STUDENT
REGISTRATION OPENS

Cost

Team Fees: \$300 Total – Non-Racer

\$200 Team Fee

\$ 75 Race Jersey (if not racing, omit this cost).

Purchase on supplier store front

(Coach Reid Bartels organizing)

MCA League Fees:

\$100 Registration Fee Required

Optional: Racing

\$50 Per race

OR

***RECOMMENDED:* Season SuperPass, all 5 races for \$150**

(Paid on MCA site by August 1st)

\$525 Total with SuperPass / \$300 Total if you don't race at all.



**MAY 1st
STUDENT
REGISTRATION OPENS**

Our program is completely self funded. We get zero funding from the school district.
We run on a fee based system.



196

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Volunteer Opportunities



196
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Volunteers: We Need You!

Season

- Team Volunteer Coordinator
- Team Communications (News Reporter)
- Media – Video/Photography
- Ride Leader Coordinator
- Board Members

Race Day

Team Opportunities

- Race Day Team Host
- Food Coordinators
- Setup & Teardown team tents
- Trailer (to/from event)

MCA Opportunities

- Crossing guards
- Parking attendants
- Roving bike & Feed zone marshals
- Timing assistants and many other MCA opportunities!

We ask that one person from each family to volunteer at minimum one race this season to help the league.





Committees



- **196 MTB Board**

- **196 Sub-Committees**

- **Marketing / Sponsorship**
 - Aaron Stotko / Ken Barringer / Jimmy Povolny
- **Community Outreach**
 - Captains & Captain's Parents
- **Fundraising**
- **Finance**
 - Josh Schettle
- **Memberships / Recruiting**
 - Darin Thureen /
- **Registration**
 - Emily Strong
- **Events / Awards**
 - Marika Dwyer, Chao Nguyen, Junior & Captain Parents
- **Volunteer Coordinator**
 - Marika Dwyer
- **Technology**
 - Emilie Berglund

Coaching Committees

Head & Assistant Coaches

- **Ride Leaders**
- **Adventure**
- **Race Day**
- **Captain(s) / Captain's Parents Coordinator**
- **Equipment**
- **Gear / Swag**
- **Competition**
 - **Racing/Performance (Pilot)**

Ride Leaders We Need You



We expect a lot of new athletes which means we need a lot of new adult ride leaders!!!

MCA regulations require a 6:1 or 8:2 rider to coach ratio.

Calling ALL ride leaders!
Without enough ride leaders, we cannot practice!

We will help coordinate volunteer ride leaders & we'll train you!

We need ride leaders of ALL levels!
Ride leaders **MUST** be level 1 coaches in the MCA pit zone (participation waiver, background check and concussion training).



2023 RIDE LEADERS

Level 1 (29)

- Rachael Koep
- Jerry Ferrell
- Todd Rasmus
- Jack Smith
- Han Nguyen
- Chao Nguyen
- Brent Bauer
- Aaron Stotko
- Brian Bremer
- Emily Bremer
- Joe Corcoran
- Jeff Thul
- Seth Hagerty
- Corey Davelaar
- David Graham
- Brian Plantz
- Mike Wikstrom
- Andrew Morley
- Scott Lyon
- Kelly Barringer
- Kirk Gridley
- David Graham
- Jeff Gartner
- Jimmy Povolny
- John Crippes
- Michael Radant
- Jacob Witt
- James Zwiefel
- Douglas Allan

Level 2 (4)

- Alesia Smith
- Josh Schettle
- Emily Strong
- Brian Shoemaker



Level 3 (11)

- Ken Barringer
- Matthew Bischel
- Kim Lyon
- Phil Nelson
- Reid Bartels
- Eric Carpenter
- Michael Thomas
- Kevin Dirksen
- Bryan Hanson
- Matthew Francek
- Darin Thureen

RIDE LEADER

Registration
NOW "OPEN"

TWO STEP Process

1. Register through Team Snap
2. Register with MCA

- To be considered registered with 196 MTB, both steps must be completed.
- Ride Leaders – For Admin purposes, register under Eagan High School
- *Student registration #'s dependent on # of Ride Leaders & Parent Volunteers.

Registration link
and instructions available at:

www.196mtb.org



REGISTER
HERE

GEAR

- **Safe, geared mountain bike, w/o kickstand**
(Sorry, department store bikes in general not safe or reliable for true MTB)
- **Approved helmet**
To be worn whenever a leg is over the bike
- **Water bottle or hydration pack**
- **Spare tube and tools**
- **Athletic shoes or biking shoes**
-No clip-in shoes unless you are a very experienced rider
- **Recommended:** Gloves and Eye Protection. Clear or very light tint!!



• [196 MTB Mountain Bike Buyer's Guide >>](#)



Student Registration

May 1st

TWO STEP Process

1. Register through Team Snap
 2. Register with MCA
- To be considered registered with 196 MTB, both steps must be completed.
 - *Student registration #'s dependent on # of Ride Leaders & Parent Volunteers.

Registration link
and instructions available at:

www.196mtb.org



MAY 1st
REGISTRATION OPENS

Upcoming Events

After Registering, watch for...

- TeamSnap invites: Communication tool for all 196 MTB messaging. Download the App TODAY!
- Stay informed, visit the [196MTB website](http://www.196mtb.org) for upcoming pre-season events & information!

EVENTS

- Pre-Season: Bike Guide / Bike Maintenance Night -> TBD
- MCA Loaner Bike Maintenance – 1st weekend in May – See Jack Smith
- New Rider Night, Ride Leader & Captain Summit(s) -> Week of June 25th <-
- Girls “Try It” Night - Try Mountain Biking
 - Demo Bikes Available provided by Valley Bike & Ski –
 - > Tuesday, June 4th 6:30PM – 8:00PM <-
- **Captain Applications:** Returning High School riders interested in leading and being a team ambassador. Now accepting annual applications. 6 total captain positions available.

Applications available on www.196mtb.org

Captain application submissions due June 2nd





1966

MTTB

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Thank You

